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Instructions following a tooth removal

- ⇒ **Do not disturb the wound:** In doing so you may invite irritation, infection and bleeding.
- ⇒ **Mouth wash:** Avoid all rinsing for 12 hours after the operation. You may use warm salt water or mild antiseptic, if prescribed, 2 times a day. **Rinse gently only.** Do not rinse more than twice a day. This may destroy the blood clot and leave your wound open to bacteria.
- ⇒ **Excessive bleeding:** Roll a pad of clean gauze or linen cloth to cover the wound. Hold firmly on the wound by biting or pushing down with fingers for 30 minutes. You can also wet a tea bag, push out excess water and hold it on the wound for 30 minutes.
- ⇒ **Pain:** For severe pain directly after the procedure, use sedative capsules. If the wound becomes painful after a couple of days, contact us please. This may be the start of an infection.
- ⇒ **Swelling:** To prevent swelling, apply ice bag or towel wrung out in very cold water over affected area. Do this for at least 2 hours.
- ⇒ **Bony edges:** During the healing process, sharp fragments of bone may work their way up through the gum. If annoying, please return to our office for removal.
- ⇒ **Sutures:** Sutures will dissolve and come out at 7-10 days. If we have used black silk sutures, we will remove them after 10 days.
- ⇒ **Report promptly:** Please report any condition that appears unusual.

Medication:

	Medication	Use
1		
2		
3		
4		

We wish you a speedy recovery! Please contact us any time you need our help or advice.

Smileline Cosmetic Dental Studio